

Resources on Indigenous Health and Health Care Issues in Canada

Key Concepts and Historical Background

- 1] Indigenous, Aboriginal, First Nations, Inuit, Metis – what is in a name? Check out this short video <https://www.youtube.com/watch?v=XEzjA5RoLv0>
- 2] A helpful history of the Indian Act, Residential School System and Treaties <https://www.youtube.com/watch?v=6-28Z93hCOI>
- 3] The Indian Act Explained with Bob Joseph <https://www.youtube.com/watch?v=OhBrq7Ez-rQ>
- 4] Alanis Obomsawin's Trick or Treaty https://www.nfb.ca/film/trick_or_treaty/
- 5] Canadian Shame: A History of Residential Schools with Ginger Gosnell-Myers TEDxVancouver <https://www.youtube.com/watch?v=U1EDbbse2BM>
- 6] [Researching and Revealing Indian Hospitals in Canada](#) by Dr. Maureen Lux for her book Separate Beds: A History of the Indian Hospitals in Canada
- 7] Senator Murray Sinclair: The truth is hard. Reconciliation is harder. 2017 https://www.youtube.com/watch?v=SxtH_E6FqVo
- 8] TRC Sen Murray Sinclair – How can Canadians work toward reconciliation 2018 <https://www.youtube.com/watch?v=j2Lv21Ktz84>
- 9] The Legacy of Nutritional Experiments in Residential Schools with Ian Mosby; start at 14:40 ends at 28:02 <https://www.youtube.com/watch?v=-ZTccdBHatU>
- 10] An excellent video to introduce children to the impact of the residential school system on children. Namwayut: we are all one. Truth and reconciliation in Canada <https://www.youtube.com/watch?v=2zuRQmwaREY&t=96s>
- 11) Treaty 6: <https://www.thecanadianencyclopedia.ca/en/article/treaty-6>
- 12) Maskwacis activates 'medicine chest' treaty clause, declaring state of emergency: <https://www.cbc.ca/news/canada/edmonton/maskwacis-state-of-emergency-medicine-chest-treaty-clause-covid-19-coronavirus-1.5507902>

Indigenous Health and Health Care in Canada

13] 11 facts about the gap between First Nations and the rest of Canada

<https://www.youtube.com/watch?v=pWK6ChJw8hs>

14] Indigenous health in Canada - <https://www.youtube.com/watch?v=QeLwBDdbEJc>

Excellent resources at the [National Collaborating Centre for Indigenous Health](#)

15] On the impact on boil water advisories: Water: The life of a community

<https://www.youtube.com/watch?v=2c3ZUQddfvo>

16] Canada's Indigenous Suicide Crisis... a brief explanation 2018

<https://www.youtube.com/watch?v=aGeG1wxWtsY>

17] The Brian Sinclair case: First Nations, Second-Class Care <http://www.cbc.ca/radio/whitecoat/first-nations-second-class-care-1.2794277>

A link to the report on Brian Sinclair [Out of Sight](#)

18] The background to Jordan's Principle: the story of Jordan River Anderson - Maurina Beadle

<https://www.youtube.com/watch?v=aGAvqRigxko>

2018 update on Jordan's Principle <https://www.youtube.com/watch?v=0qKW6Vgfy8>

19] Forced sterilization of Indigenous women is Canada-wide issue: Yvonne Boyer 2018

<https://www.youtube.com/watch?v=CKByYxUnqwk>

20] [Reclaiming Power and Place](#): The Final Report of the National Inquiry into Missing and Murdered Indigenous Women and Girls

21] [In Plain Sight](#): Addressing Indigenous-specific Racism and Discrimination in BC Health Care

22] [Introducing Joyce's Principle](#)

Atikamekw [community of Manawan appeals to UN](#) for help to push Joyce's Principle

23] The Unforgotten: A five-part film exploring the health and well-being of Indigenous peoples living in Canada <https://theunforgotten.cma.ca/>

24] Circles: Indigenous Research Methods <https://www.youtube.com/watch?v=5KkvYigsyNg>

25] Is Canada's health care system failing patients in northern communities?

<https://www.youtube.com/watch?v=vWHizv4LHOI>

26] Charlotte Loppie, professor in UVic's School of Public Health and Social Policy, and director of the Centre for Indigenous Research and Community-Led Engagement discussing indigenous health inequities: https://www.youtube.com/watch?v=oX6_yhCy80w

- 27) The Indian Solution to the Policy Problem: Developing an Indigenous Policy-making Model to Address First Nations Health and Education Disparities
<https://www.youtube.com/watch?v=wmYrhbr3qSY>
- 28) [The Viens Commission Final Report – En français](#)
- [Final Report \(EN\)](#)
- [Rapport final \(FR\)](#)
- 29) [Bi-culturedness Effects on the Mental Health of Indigenous Peoples – by Angela Mashford Pringle](#)
- 30) [How'd We Get Here from There? American Indians and Aboriginal Peoples of Canada Health Policy – by Angela Mashford-Pringle](#)
- 31) Dalla Lana School of Public Health [CHL5520 Indigenous Health Course Readings List](#)
- 32) [The Return of the Sun: Suicide and Reclamation Among Inuit of Arctic Canada](#) - 2019 Oxford University Press
- 33) [Indigenous Peoples and Dementia: New Understandings of Memory Loss and Memory Care](#) - 2019 UBC Press
- 34) Planning with the Land and Food Sovereignty: <https://www.youtube.com/watch?v=cCPRcqrTy6E>
- 35) Indigenous Health Resources guide from The University of Toronto:
<https://guides.library.utoronto.ca/indigenoushealth>
- 36) Indigenous Health Resources guide from The University of Manitoba:
<https://libguides.lib.umanitoba.ca/indigenoushealth>
- 37) Highlighted racial equality content from the Lancet journals: <https://www.thelancet.com/racial-equality>

Promising Practices on the Path towards Reconciliation

38] [United Nations Declaration on the Rights of Indigenous Peoples](#)

39] Promising practice: Two-Eyed Seeing

[Two-Eyed Seeing and other lessons learned within a co-learning journey of bringing together indigenous and mainstream knowledges and ways of knowing](#)

40] Promising practice: Angela Mashford-Pringle discusses her new public health program that emphasizes indigenous health care: <https://globalnews.ca/video/5793329/indigenous-healthcare-issues-in-canada>

41] Promising practice: Indigenous Knowledge to Close Gaps in Indigenous Health | Marcia Anderson TEDxManitoba <https://www.youtube.com/watch?v=lpKjtujtEYI>

42] Promising practice: Research as Reconciliation, Carrie Bourassa, TEDxUniversityofSaskatchewan <https://www.youtube.com/watch?v=1xaaiWJUQ9U>

43] Promising practice: Indigenous Health Committee of the @RoyalCollege Indigenous Health Primer www.royalcollege.ca/indigenous 27

44) Orange Shirt Day: <https://www.orangeshirtday.org/>

45) Truth before reconciliation: 8 ways to identify and confront Residential School denialism: <https://theconversation.com/truth-before-reconciliation-8-ways-to-identify-and-confront-residential-school-denialism-164692>